



COMMUNITY RESOURCE GUIDE

This guide is not indicative of all agencies within Putnam County, but is intended as a quick reference for identified issues facing many community members.

ABOUT THE GUIDE

The Community Resource Guide was developed by the Community Resource Group, which consists of local human service providers from agencies such as:

Brewster Cares
Brewster Central School District
Carmel Central School District
Catholic Charities Community
Services
Fidelis Care
First Baptist Church
Green Chimneys
Healthy Families
Mahopac Central School
District
Mothers United and Empowered, Inc.
MVP Health Care
NYSEG (New York State Electric & Gas Corp)
Putnam Community Action
Partnership/WestCOP Putnam County Health
Department
Putnam County Sheriff's Department
Putnam Hospital- Nuvance Health
Putnam/Northern Westchester
Women's Resource Center
Putnam Valley Central School
District Trinity Lutheran Church
United Way of Westchester and Putnam

This guide is not indicative of all agencies within Putnam County, but is intended as a quick reference for identified issues facing many community members. Agencies/community members are encouraged to copy the guide and distribute as needed.

If you would like your agency to be included in this guide or edit the information regarding your agency, please contact Putnam Community Action Partnership's Director at (845) 278-8021, ext. 250 or send an e-mail to: moleary@westcop.org. A revised edition of the guide will be distributed approximately every 2 years.

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ALCOHOL & SUBSTANCE USE

Al-Anon

Call for locations

(914) 946-1748

www.westchesterputnamalanon.org

Services Offered: Support for family members of alcoholics

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Alcoholics Anonymous

Call for locations

(212) 647-1680 (hotline for questions, 9:00 am – 2:00 pm)

www.nyintergroup.org

Services Offered: Support for those struggling with alcohol abuse

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Arms Acres

75 Seminary Hill Road, Carmel, NY

10512 (845) 225-3400

www.armsacres.com

Services Offered: Outpatient and inpatient treatment services for alcoholism and chemical dependency. Clinic service groups.

Fees/Payment Methods: Private insurance, Medicaid

Languages Spoken: English, Spanish (counselors)

Brewster Cares

31 Prospect Street, Brewster, NY 10509

(845) 279-6146

<https://brewstercaresny.org>

Services Offered: Alcoholics Anonymous program in Spanish, classes are held at 468 North Main Street in Brewster, NY on Mondays from 7-8:00 pm, please use the entrance at the back of the building, meetings are held on the second floor

Fees/Payment Methods: Free

Languages Spoken: Spanish

CoveCare Center

1808 Route 6, Carmel, NY 10512

(845) 225-2700

www.covecarecenter.org

Services Offered: Out-patient clinic for alcoholism and substance use treatment. Offers individual, group, couple and family counseling to individuals who suffer from alcohol and substance misuse, and their families, and prevention education in schools. Also offers case management, mental health and rehabilitative services.

Fees/Payment Methods: Private insurance, Medicaid, Medicare, sliding scale fee for those who are uninsured

Languages Spoken: English, some bi-lingual therapists

Drug Crisis In Our Backyard

(914) 582-8384

www.drugcrisisinourbackyard.org

Services Offered: Provides education and support for families living with addiction

Fees/Payment Methods: Free

Languages Spoken: English

Narcotics Anonymous

Call for locations

(212) 929-7117 & (212) 929-6262

www.newyorkna.org

Services Offered: Support for those struggling with drug abuse

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Youth Bureau- Pegasus Program

110 Old Route 6, Bldg. #3, Carmel, NY 10512

(845) 808-1600 Ext. 46126

www.putnamcountyny.gov/youth-bureau

Services Offered: Pegasus Program for youth ages 5-14 years old who have a parent or family member suffering from alcoholism or other drug dependencies

Fees/Payment Methods: Free

Languages Spoken: English

St. Christopher's Inn

21 Franciscan Way (NYS Route 9), Garrison, NY 10524

(845) 335-1000

www.stchristophersinn.org

Services Offered: Long term residential substance use treatment program

Fees/Payment Methods: Medicaid, sliding scale for those who are uninsured, most private insurance

Languages Spoken: English

The Delancey Street Foundation

100 Turk Hill Road, Brewster, NY

10509 (845) 278-6181

www.delanceystreetfoundation.org

Services Offered: A 2-year non-medical educational and vocational residential adult facility for former substance abusers and felons

Fees/Payment Methods: Free

Languages Spoken: English

The Lexington Center for Recovery

24 Smith Avenue, Mount Kisco, NY

10549 (914) 666-6740

www.lexingtonctr.org

Services Offered: Multi-service clinic for anyone affected by alcohol and/or substance abuse; services include: comprehensive assessments, group and individual counseling for adults and adolescents, family counseling

Fees/Payment Methods: Please call as pricing may vary by program

Languages Spoken: English, Spanish

The Prevention Council of Putnam

67 Gleneida Ave, Carmel, NY 10512

(845) 225-4646

www.preventioncouncilputnam.org

Services Offered: Offers a wide range of services, including educational forums, training on substance use trends; coalition building and support; confidential information and referral, Peer Recovery Services, Opioid Overdose Prevention Provider; and the Victim Impact Panel Program.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Walter Hoving Home

40 Walter Hoving Road. Garrison, NY

10524 (845) 424-3674

www.hovinghome.org

Services Offered: Faith-based residential drug and alcohol rehabilitation center for women 18 and older

Fees/Payment Methods: Call for details

Languages Spoken: English

Philipstown Behavioral Health Hub

5 Stone Street, Cold Spring, NY 10516

(845) 809-5050

Confidential Text: (845) 260-1001

www.philipstownhub.org

Services Offered: provides LOCAL access to behavioral health and addiction resources in Philipstown, New York, Care Coordinators can provide information on local treatment and recovery resources, guidance & support for families, direct referrals to service providers, hosts Mental Health First Aid Training sessions, parenting programs that support & assist parents to support their children at the advance through various life stages & changes or struggle with behavioral health and addiction concerns

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Onward Recovery – Westchester**Serving Putnam & Westchester Counties**

101 King Street, Chappaqua, NY 10514

(914) 855-6190, (914) 855-6191

www.myindependentliving.org

Services Offered: Co-Occurring and Certified Peer Specialist support, Connection to treatment and recovery supports, Referral for services (detox, in/outpatient care, medication supported recovery), connection to community resources, Recovery groups (both in person and virtual), harm reduction, Narcan training and recovery coaching.

Fees/Payment Methods: Onward Recovery is a Free service for individuals 18 and over, regardless of their citizenship status

Languages Spoken: English, Spanish

ART RESOURCES

Arts on the Lake

640 Route 52, Lake Carmel, NY 10512

(845) 228-2685

www.artsonthelake.org

Services Offered: Classes and workshops in the arts for children and adults; theatre and musical performances

Fees/Payment Methods: Fees for most classes, workshops and performances; scholarship funds available for classes and performances- fees waived for volunteers

Languages Spoken: English

Garrison Art Center

23 Garrison's Landing, Garrison, NY 10524

(845) 424-3960

<http://www.garrisonartcenter.org/>

Services Offered: Various exhibitions, classes, workshops, and outreach arts education for children and adults

Fees/Payment Methods: Visit Website for Membership Details

Languages Spoken: English

Putnam Arts Council

521 Kennicut Hill Rd, Mahopac, NY

10541 (845) 803-8622 ext. 10, 12

<http://putnamartscouncil.com/>

Services Offered: Various programs, courses, and exhibitions including art, dance, music, cabaret, and more

Fees/Payment Methods: Depends on membership, see website for details

Languages Spoken: English

The Studio Around the Corner

The Cultural Arts Coalition, 67 Main Street, Suite 101, Brewster, NY

10509 (845) 363-8330

www.culturalartsco.com

Services Offered: Accommodates art exhibitions, small musical performances, lectures and other cultural opportunities

Fees/Payment Methods: Depends on membership, see website for details

Languages Spoken: English

CHILD CARE

Child Care Council of Dutchess and Putnam Inc.

301 Manchester Road, Suite 201 A, Poughkeepsie, NY 12603

(845) 473-4141

Toll Free: (888) 288-4148

www.childcaredutchess.org

Services Offered: Provides child care referrals, child care training and provides assistance in opening home daycares in Putnam and Dutchess Counties

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Department of Social Services

110 Old Route 6, Building #2, Carmel, NY 10512

(845) 808-1500, ext. 45260

www.putnamcountyny.gov/departments-social-services

Services Offered: Provides subsidized child care to income-eligible families; must be pre-qualified by the Dutchess Child Care Council

Fees/Payment Methods: Based on income

Languages Spoken: English, Spanish, Italian, Portuguese, Hungarian

DISABILITY

Ability Beyond

480 Bedford Road, Chappaqua, NY 10514

(866) 997-5781

<https://abilitybeyond.org/>

Services Offered: Assessment of skills and job preferences, job preparation support, on the job training, ongoing support, case management and community outreach and education for individuals with disabilities

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

CAREERS Support Solutions

1996 Route 6, Suite 12, Carmel, NY 10512

(845) 225-8007

www.careerssupportolutions.org

Services Offered: Assists disabled adults to find productive and meaningful employment by providing resume development, job coaching and skill training. 'Day habilitation without walls' program for low functioning group community recreation.

Fees/Payment Methods: Free

Languages Spoken: English

MidHudson ACCES-VR Office

301 Manchester Road, Suite 200, Poughkeepsie, NY 12603

(845) 452-5425

www.acces.nysed.gov/VR

Services Offered: Assists individuals with disabilities, who are eligible for vocational rehabilitation services, find and keep suitable employment

Fees/Payment Methods: Free

Languages Spoken: English

ARC of Putnam

575 Drewville Road, Carmel, NY 10512

(845) 278-7272

www.arcmh.org

Services Offered: Comprehensive programs for children and adults with developmental disabilities (i.e.: educational services, respite, group homes, clinical service; traumatic brain injury services)

Fees/Payment Methods: Varies with programs, call for details

Languages Spoken: English

Putnam County Department of Health- Children of Special Needs Program (Early Intervention)

1 Geneva Road, Brewster, NY 10509

(845) 808-1390, ext. 46033

www.putnamcountyny.gov/health/early-intervention

Services Offered: Provides diagnostic, treatment and case management services for infants and toddlers under 3 years of age with a suspected or diagnosed condition, in physical, language, speech or social/emotional development

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Department of Health- Preschool Program

1 Geneva Road, Brewster, NY 10509

(845) 808-1390, ext. 46033

www.putnamcountyny.gov/health/early-intervention

Services Offered: Educational program intended to remediate issues for children whose disabling condition or learning disability has a significant impact on his/her educational progress. Evaluations are provided for children who are referred directly into their school district, or who transition into the Preschool Program from Early Intervention.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish (for those transitioning from Early Intervention to preschool)

Putnam County Office for People With Disabilities

110 Old Route 6, Carmel, NY 10512

(845) 808-1641

www.putnamcountyny.com/office-for-people-with-disabilities

Services Offered: Administers the Central Registry (voluntary registry of people with disabilities residing in Putnam County), provides referrals to resources available for the disabled

Fees/Payment Methods: Free

Languages Spoken: English

Putnam Independent Living Services

1441 Route 22, Suite 204, Brewster, NY 10509

(845) 228-7457

www.putnamils.org

Services Offered: Provides services such as information & referral, benefits & entitlements information, community outreach, education advocacy, peer advisement, Traumatic Brain Injury, client assistance and recreational/support groups

Fees/Payment Methods: Free

Languages Spoken: English, Spanish and all others via New York Connects

Taconic DDSO

1620 Route 22, Brewster, NY 10509

(845) 279-2905, 518-388-0398

www.opwdd.ny.gov

Services Offered: Provides service coordination, residential, respite, day and family support services to persons with developmental disabilities

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English, Spanish and all others via New York Connects

VISIONS Services for the Blind and Visually

Impaired 500 Greenwich Street, 3rd Floor, New

York, NY 10013 (888) 245-8333

www.visionsvcb.org

Services Offered: Provides vision rehabilitation, job training & placement, virtual work readiness programs, assistive technology training, residential pre-college programs & career exploration

Fees/Payment Methods: Free

Languages Spoken: English, ASL, translation for other languages available

DOMESTIC VIOLENCE RESOURCES

PACE Women's Justice Center

78 North Broadway
White Plains, NY
10603

(914) 422-4069

www.law.pace.edu/wjc

Services Offered: Free legal services to victims and survivors of domestic violence, sexual assault & elder abuse; helps individuals navigate the legal system and obtain services related to orders of protection, custody, support, divorce, and financial exploitation; provides information and referrals regarding other legal issues and social services.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, translation for other languages available

Putnam/Northern Westchester Women's Resource Center

935 S Lake Blvd #2
Mahopac, NY 10541

(845) 628-9284, (845) 628-2166 (24-hour hotline)

www.pnwwrc.org

Services Offered: Information & referrals, individual & group short-term counseling, legal consultation workshops, support groups, confidential emergency shelter to individuals who are survivors of domestic violence, sexual assault & victims of crime, advocacy and accompaniment to Family/Criminal court and other social service agencies

Fees/Payment Methods: Free & confidential

Languages Spoken: English, Spanish

EDUCATIONAL RESOURCES

ARC Mid-Hudson

575 Drewville Road, Carmel, NY 10512

(845) 278-7272

www.arcmh.org

Services Offered: Provides FSS educational advocacy and respite reimbursement for those OPWDD eligible, also provides community rehabilitation, waiver respite and community pre-vocational services contracted through OPWDD

Fees/Payment Methods: Free

Languages Spoken: English

B'Above Headstart Program

1511 NY-22, Suite C-23, Brewster, NY

10509 (845) 302-2658

www.babove.com

Services Offered: Provides comprehensive child development services for children 18 months to five years, and focuses on the goals of promoting social competence & school readiness for each child **Fees/Payment Methods:** Free (must be income eligible)

Languages Spoken: English, Spanish

Brewster Public Library

79 Main Street, Brewster, NY 10509

(845) 279-6421

www.brewsterlibrary.org

Services Offered: Various adult and children's activities/workshops such as homework help, children's chess classes, children's craft classes, children's learn Spanish story time

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Desmond-Fish Library

472 Route 403, Garrison, NY 10524

(845) 424-3020

www.desmondfishlibrary.org

Services Offered: Various adult and children's activities, free materials for the community

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

EDUCATIONAL RESOURCES

Cont'd

Dutchess Community College

29 North Hamilton Street, Suite 304, Poughkeepsie, NY 12601

(845) 790-3590

www.sunydutchess.edu/continuingeducation/hse.html

Services Offered: High School Equivalency class at Brewster High School on Monday, Wednesday & Thursday: 5:00 – 9:00 pm

Fees/Payment Methods: Vary by program, debit/credit card, money order

Languages Spoken: English and Spanish

Julia Butterfield Library

10 Morris Avenue, Cold Spring, NY

10516 (845) 265-3040

www.butterfieldlibrary.org

Services Offered: Various adult and children's activities

Fees/Payment Methods: Free

Languages Spoken: English

Kent Public Library

17 Sybil's Crossing, Kent Lakes, NY 10512

(845) 225-8585

www.kentlibrary.org

Services Offered: Various adult and children's activities, extensive online services, computers & printing services, Tech help and traditional library services

Fees/Payment Methods: Free

Languages Spoken: English

Mahopac Public Library

668 Route 6, Mahopac, NY 10541

(845) 628-2009

www.mahopaclibrary.org

Services Offered: Various adult and children's activities in addition to traditional library services

Fees/Payment Methods: Varies by program

Languages Spoken: English, part-time Spanish clerk

Patterson Library

1167 Route 311, Patterson, NY 12563

(845) 878-6121

www.pattersonlibrary.org

Services Offered: Various adult and children's activities, job/career help, computer assistance, traditional library services

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

EDUCATIONAL RESOURCES

Cont'd

Putnam County Department of Health- Children of Special Needs Program (Early Intervention)

1 Geneva Road, Brewster, NY 10509

(845) 808-1390, ext. 46033

www.putnamcountyny.gov/health/child/early-intervention

Services Offered: Provides diagnostic, treatment and case management services for infants and toddlers under 3 years of age, with a suspected or diagnosed condition, in physical, language, speech and/or social/emotional development

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Department of Health- Preschool Program

1 Geneva Road, Brewster, NY 10509

(845) 808-1390, ext. 46032

www.putnamcountyny.gov/health/early-intervention

Services Offered: Educational program intended to remediate issues for children whose disabling condition or learning disability has a significant impact on his/her educational progress. Evaluations are provided for children who are referred directly into their school district, or who transition into the Preschool Program from Early Intervention.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish (for those transitioning from Early Intervention to preschool)

Putnam/Northern Westchester BOCES

200 BOCES Drive, Yorktown Heights, NY 10598-

4399 (914) 245-2700

www.pnwbores.org

Services Offered: English as a second language classes, adult education and support services, Tech center courses (held at various locations)

Fees/Payment Methods: Differs by program, call for details

Languages Spoken: English, Spanish

Putnam Independent Living Services

1441 Route 22, Suite 24, Brewster, NY 10509

(845) 228-7457

www.putnamils.org

Services Offered: Educational advocacy, transitional planning, parent training for people with disabilities

Fees/Payment Methods: Free

Languages Spoken: English, can access Spanish speakers if needed

EDUCATIONAL RESOURCES

Cont'd

Putnam Valley Library

30 Oscawana Lake Road, Putnam Valley, NY 10579

(845) 528-3242

www.putnamvalleylibrary.org

Services Offered: Various adult and children's activities in addition to traditional library services

Fees/Payment Methods: Free

Languages Spoken: English

Reed Memorial Library

1733 Route 6, Carmel, NY 10512

(845) 225-2439

www.carmellibrary.org

Services Offered: Various adult and children's activities, public access to computers with internet access

Fees/Payment Methods: Free

Languages Spoken: English

WestCOP Babies Steps Forward

2 Westchester Plaza, Suite 137, Elmsford, NY 10523

(914) 592-5600, Ext. 122

www.westcop.org

Services Offered: Baby Steps Forward is a unique Early Head Start program that, in partnership with local child care programs, provides high-quality early child care and education with related support services to children 6 weeks to 3 years old and their families.

Fees/Payment Methods: Free, families must meet income eligibility guidelines

Languages Spoken: English, Spanish

ELECTRICITY/UTILITY ARREARS OR DISCONNECTIONS

Catholic Charities Community Services

175 Main Street, Brewster, NY 10509

(845) 279-5276

www.catholiccharitiesny.org

Services Offered: Provides emergency financial assistance to eligible individuals/families

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Central Hudson

284 South Avenue, Poughkeepsie, NY 12601

(845) 452-2700

www.cenhud.com

Services Offered: Provides budgeting assistance, possible payment arrangements, and Low Income Bill Disconnect Program (HEAP benefits must be exhausted first)

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, translator available in any language

Department of Social Services- Emergency Assistance to Families Program

110 Old Route 6, Building #2, Carmel, NY 10512

(845) 808-1500

www.putnamcountyny.gov/department-of-social-services

Services Offered: Provides financial assistance to families with children under the age of 18 that demonstrate the ability to re-pay the assistance offered over a 1-year period at no interest

Fees/Payment Methods: Repayment agreement

Languages Spoken: English, Italian, Portuguese, Hungarian

Department of Social Services- HEAP (Home Energy Assistance Program)

110 Old Route 6, Building #2, Carmel, NY 10512

(845) 808-1500

www.putnamcountyny.gov/department-of-social-services

Services Offered: Provides financial assistance with heating costs to income-eligible families/individuals

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, Italian, Portuguese, Hungarian

NYSEG (New York State Electric & Gas Corp)

Payments: P.O. Box 847812, Boston, MA 02284-7812

Customer Service: P.O. Box 5240, Binghamton, NY 13902-

5240 Customer Service: (800) 572-1111

Payment arrangements: (888) 315-1755

www.nyseg.com

Services Offered: Provides various payment options and low-income budgets, installment plans, and Energy Assistance Program discounts and Project Share grants

Fees/Payment Methods: Free

Languages Spoken: English, translator available in all languages

Putnam Community Action Partnership (CAP)/WestCOP

121 Main Street, Brewster, NY 10509

(845) 278-8021

www.putnamcap.org

Services Offered: Provides emergency financial assistance to income-eligible families. In addition, it is a site of application for Project Share funds (\$200 grant administered by HeartShare to those that have received a disconnection notice from NYSEG and have exhausted all available HEAP benefits).

Fees/Payment Methods: Free

Languages Spoken: English, Spanish,

United Way 211 Help-Line

336 Central Park Avenue, White Plains, NY

10606 2-1-1

www.uwwp.org

Services Offered: Provides referrals to agencies providing emergency financial assistance to income eligible individuals/families

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

EMPLOYMENT

ARC Mid-Hudson

575 Drewville Road, Building B, Carmel, NY

10512 (845) 278-7272

www.arcmh.org

Services Offered: Provides planning and support to help individuals identify, obtain and maintain a career or vocational plan. The individual must have vocational aspirations & meet eligibility requirements in the area of vocational capabilities. Individuals will be screened for: career goal objectives, past work experiences and personal skill set. Community Pre-Vocational Specialists will train individuals in the areas of travel training, job shadowing, interviewing skills, following directives, utilizing appropriate social skills, work attitude/routine and multi-tasking

Fees/Payment Methods: Free

Languages Spoken: English

CAREERS for People with Disabilities, Inc.

1961 Route 6, Suite 12, Carmel, NY 10512

(845) 225-8007

www.careerssupportolutions.org

Services Offered: Finds productive employment for individuals with learning, developmental, psychiatric and/or physical disabilities; provides on the training and ongoing supportive services; educates employers and community about the benefits of hiring workers with disabilities

Fees/Payment Methods: Free, if qualified

Languages Spoken: English

MidHudson ACCES-VR Office

301 Manchester Road, Suite 200, Poughkeepsie, NY 12603

(845) 452-5325 or (845) 452 5425

www.acces.nysed.gov/vr/midhudson/

Services Offered: Helps people with disabilities, who are eligible for vocational rehabilitation services, find and keep suitable employment

Fees/Payment Methods: Free

Languages Spoken: English

Work Force Partnership- Putnam County

110 Old Route 6, Building #3, Carmel, NY 10512

(845) 808-1651

www.putnamcountyny.com/workforce-partnership

Services Offered: Provides assistance with obtaining employment, resume preparation, career counseling, job development, education & training

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

ESL

Brewster Cares

577 N. Main Street Brewster NY, 10509

(845) 279-6146

www.brewstercaresny.org

Services Offered: Classes offered Monday-Saturday 7pm-9pm. We have now expanded our classes to the sacred Heart church on Tuesdays/Thursdays 7pm-9pm

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Dutchess Community College GED in Spanish

Class Site: Brewster High School, 50 Foggintown Road, Brewster, NY

10509 **Services Offered:** Classes offered on Mondays, Tuesdays, and Thursdays from 5:30-9:30pm.

Call (845) 790-3590 to register

www.sunydutchess.edu/continuingeducation/hse

Fees/Payment Methods: \$20.00

Languages Spoken: English, Spanish

Putnam/Northern Westchester BOCES

Location varies based on time of

year. 914-248-2430

Services Offered: Classes vary based on time of year. Contact Agency.

Fees/Payments Methods: Varies based on class.

Languages Spoken: English, Spanish

EVICTIION PREVENTION

Catholic Charities Community Services

175 Main Street, Brewster, NY 10509

(845) 279-5276

www.catholiccharitiesny.org

Services Offered: Provide limited emergency financial assistance to eligible individuals/families facing a rent arrears crisis in civil housing court.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Department of Social Services

110 Old Route 6, Building #2, Carmel, NY 10512

(845) 808-1500

www.putnamcountyny.com/socialservices

Services Offered: Provides financial assistance to income eligible families/individuals

Fees/Payment Methods: Free, possible payback agreement

Languages Spoken: English, Spanish, Portuguese, Hungarian

Legal Services of the Hudson Valley

90 Maple Avenue, White Plains, NY

10601 (914) 949-1305

www.lshv.org

Services Offered: Provides legal advice and representation for low-income persons in civil matters in Westchester, Putnam, Orange, Rockland, Dutchess, Sullivan and Ulster counties

Fees/Payment Methods: Free- have to qualify

Languages Spoken: English, Spanish

Putnam Community Action Partnership (CAP)/WestCOP

121 Main Street, Brewster, NY 10509

(845) 278-8021

www.putnamcap.org

Services Offered: Provides emergency financial assistance to income eligible individuals/families

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Housing

Corporation 102 Gleneida Avenue,
Carmel, NY 10512 (845) 225-8493

www.putnamhousing.com

Services Offered: Provides emergency financial assistance to income eligible individuals/families, section 8, senior housing, mortgage assistance, foreclosure counseling, and first time homebuyer counseling.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

United Way 211 Help-Line

336 Central Park Avenue, White Plains, NY
10606 (800) 899-1479 or 914-993-3700

www.uwwp.org

Services Offered: Provides referrals to agencies who provide emergency financial assistance to income eligible individuals/families

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

FAMILY SUPPORT

Child Advocacy Center of Putnam County

121 Main Street, Brewster, NY 10509

(845) 808-1400

<http://putnamcac.org/>

Services Offered: Provides services to children who are identified as potential victims of physical or sexual abuse and/or domestic violence; center provides a non-threatening atmosphere for conducting interviews, medical examinations, and provides a victim advocate to assist the family through the legal process and make referrals to appropriate community resources. Provide prevention and education around child abuse awareness.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Community Cares

P.O. Box 37, Mahopac Falls, NY

10542 (845) 621-CARE (2273)

www.communitycares.org

Services Offered: Network of volunteers and businesses who support families with school-aged children whose parent is undergoing a major medical diagnosis by providing meals from local eateries, wash & fold services from local laundries and house cleaning services.

Fees/Payment Methods: Free

Languages Spoken: English

CoveCare Center

1808 Route 6, Carmel, NY 10512

(845) 225-2700

www.covecarecenter.org

Services Offered: Administers the Family Empowerment Program which provides in-home assistance with nurturing, discipline, information about community resources and other questions related to parenting; also administers the Coordinated Children's Services Initiative (CCSI), STEP (Systemic Training for Effective Parenting) CFTSS- Children & Family Treatment and Support Services. Medicaid-based array of services including individual & family therapy, skill building and family support (services provided in the community), Family Connections Support Group, general family support, children's case management, crisis services for children and youth and substance use clinic for adolescents and adults, mobile family and individual support for children with Medicaid insurance, respite children's services, home and community based services, and senior mobile support services.

Fees/Payment Methods: Medicaid, Medicare, most commercial insurance

Languages Spoken: English, some bi-lingual therapists

Children's Health Homes of Upstate NY (CHHUNY)

2300 Buffalo Road, 500 B, Rochester, NY 14624

(855) 209-1142

www.childrenshealthhome.com

Services Offered: Oversees multiple agencies that provide children's care management services in Putnam and Westchester Counties. Community-based care management model whereby all of an individual's care givers communicate with one another so that all social, physical and behavioral needs are addressed in a comprehensive manner. All children/youth must be under the age of 21 and enrolled in Medicaid, meet DOH eligibility, and have behavioral, medical or social risk factors which can be addressed through preventive care management.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Dispute Resolution Center

110 Old Route 6, Carmel, NY 10512

(845) 372-8771

www.drcservices.org

Services Offered: Provides mediation, conciliation, group facilitation and arbitration, as well as other processes that are applicable to a broad range of family, youth, school, housing, and business issues; also offers related educational training and workshops.

Service Highlights: Parents Apart class; custody/visitation and parent/child mediation

Fees/Payment Methods: Divorce mediation will require payment.

Languages Spoken: English, Spanish

Gianna's House

468 N. Main Street, Brewster NY 10509

845-279-8165

www.giannashouse.com

Services Offered: Provides support to expectant mothers who are experiencing hardship. Services include self-administered pregnancy tests, no-cost ultrasound referrals and education & community resource referrals.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Healthy Families Putnam County

155 Main Street, Brewster NY 10509

845-561-3575

www.misn-ny.org

Services Offered: Offer assistance during the prenatal stage. Connect you with medical providers for prenatal/well-baby visits and immunizations. Provide information on prenatal care, parenting, infant and child development and child health. Demonstrate activities for you to practice with your child to increase bonding and to stimulate cognitive and physical development. Assess your child for developmental milestones and provide referrals for early intervention if needed. Help your family access community resources and services, such as job training, ESL classes, legal services, GED preparation classes, and health care, among others. Baby Cafe offers free breastfeeding/chestfeeding support every other Tuesday 11am-12pm.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Philipstown Behavioral Health

Hub 5 Stone Street, Cold Spring,

NY 10516 (845) 809-5050

Confidential Text: (845) 202-2363

Services Offered: provides LOCAL access to behavioral health and addiction resources in Philipstown, New York, Care Coordinators can provide information on local treatment and recovery resources, guidance & support for families, direct referrals to service providers, parenting programs that support & assist parents to support their children at the advance through various life stages & changes or struggle with behavioral health and addiction concerns

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

The LOFT

252 Bryans Avenue, White Plains, NY 10605

(914) 948-2932, Helpline: (914) 948-2932,

ext. 13

www.loftgaycenter.org

Services Offered: Provides education, advocacy, job search and celebratory services

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

WIC (Women, Infants, Children)

Open Door Medical Facility, 155 Main Street, 1st Floor, Brewster, NY

10509 (845) 207-5432

<https://www.wicstrong.com/agency/open-door-family-medical-centers/>

Services Offered: Provides free nutritional support to low-income pregnant women, infants and children under the age of 5. WIC provides food needed daily for good health, helping stretch your food budget. Pregnant and breastfeeding women receive health education and breastfeeding support.

Fees/Payment Methods: Meet household Income federal guidelines, Medicaid, SNAP or TANF.

Languages Spoken: English, Spanish

FIRE & OTHER DISASTERS

American Red Cross- Hudson Valley Chapter

356 Meadow Avenue, Newburgh NY, 12550

(845) 471-0200

www.redcross.org

Services Offered: Provides emergency disaster assistance, volunteer services for youth and adults, blood drives and emergency training

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Bureau of Emergency Services

112 Old Route 6, Carmel, NY 10512

(845) 808-4000

<http://www.putnamcountyny.com/pcbcs/>

Services Offered: The Putnam County Bureau of Emergency Services is dedicated to provide prompt and efficient emergency assistance to residents and visitors of Putnam County.

The Bureau maintains a county-wide communications organization and is responsible for the operations & maintenance of the Enhanced 911 system. The Bureau Emergency Management directorate plans for response, remediation / mitigation and recovery from natural and manmade disasters including those resulting from biological, nuclear, incendiary, chemical and explosive causes. The Bureau manages and administrates a program of quality training for Fire and EMS agencies in accordance with State and Federal guidelines, manages an advanced life support system, maintains a stockpile of emergency Supplies and Equipment as may be required and oversees a variety of special response teams – who are prepared and equip to respond to any situation of event.

Fees/Payment Methods: Free, with the exception of EMT & CPR classes

Languages Spoken: English

Salvation Army

117 Nelson Avenue, Peekskill, NY 10566

(914) 737-0280

www.newyork.salvationarmy.org/location/peekskill

Services Offered: emergency assistance & food service, food pantry, soup kitchen, hygiene closet, green thumb day, spiritual care, and disaster-related case management.

Fees/Payment Methods: Free

Languages Spoken: English, Russian, translation in other languages available

FOOD, CLOTHING, SHELTER & FINANCIAL NEEDS

Brewster Cares

31 Prospect Street, Brewster, NY 10509

(845) 279-6146

Services Offered: Temporary shelter for homeless individuals. Warming center available for the unsheltered. Check-in is every night, located at 468 N. Main Street in Brewster, starting at 8:30 pm. Warm meal is provided, a shower, and a place to wash their clothes. Between 6:30 am-2:30 pm warming center provides access to TV, charging electronic devices, setup / participate in private meetings with social services, or medical appointments

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Brewster Community Food Pantry

15 Oak Street, Brewster, NY 10509

(914) 649-8002

Services Offered: Food pantry is open on Tuesdays from 10:00 am – 12:00 pm and Thursdays from 1:00 – 3:00 pm

Fees/Payment Methods: Free, ID and proof of address required

Languages Spoken: English

Catholic Charities Community Services

175 Main Street, Brewster, NY 10509

(845) 279-5276

www.catholiccharitiesny.org

Services Offered: Provides limited financial assistance to individuals in need of short-term emergency shelter, food, and other basic needs. Provide outreach and education to Putnam & Northern Westchester residents about the Supplemental Needs Assistance Program (SNAP). We assist with the initial pre-screening of individual applicants to determine eligibility, as well as assist with the enrollment and recertification process. We also connect SNAP recipients to nutrition assistance programs.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Drew Thrift Shop

26 Gleneida Avenue, Carmel, NY 10512

(845) 225-2655

Services Offered: Sells gently-used clothing at low-cost. Provides vouchers to Putnam CAP to distribute to clients to “purchase” items at no cost. Closed during winter season.

Fees/Payment Methods: Determined by vendor

Languages Spoken: English

FOOD, CLOTHING, SHELTER & FINANCIAL NEEDS

Cont'd

Dorothy Day Hospitality House 11 Spring Street, Danbury, CT 06813

(203) 743-7988

www.dorothydaydanbury.org

Services Offered: Takeout breakfast served from 7:30 – 9:00 am and afternoon meal served from 3:00 – 4:30 pm.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

First Presbyterian Church of Philipstown

10 Academy Street, Cold Spring, NY 10516 (845) 265-3220

<http://www.presbychurchcoldspring.org>

Services Offered: Provides food on Saturdays 9:00 am – 10:00 am to Philipstown residents only

Fees/Payment Methods: Free

Languages Spoken: English

Gilead United Presbyterian Church

9 Church Street, Carmel, NY 10512

(845) 225-4586

<http://www.gileadchurch.org>

Services Offered: Provides food to Carmel residents only on Fridays 10:00 am – 12:00 pm, please call first and leave a message with your name and telephone number

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Goodwill Thrift Shop

80 Route 6, Baldwin Place, NY 10505

(914) 621-0781

www.goodwillnynj.org

Services Offered: Sells gently-used clothing and household items at a reduced cost

Fees/Payment Methods: Determined by vendor

Languages Spoken: English

Green Chimneys Arbor House - Youth Shelter

423 Doansburg Road, Brewster, NY 10509

(845) 278- 4486, 24-hour hotline (845) 279-2588

www.greenchimneys.org

Services Offered: Provides temporary residential /respite services and case management for youth ages 12- 17.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Green Chimneys Transitional Living Program

423 Doansburg Road, Brewster, NY 10509

(845) 278-4486

www.greenchimneys.org

Services Offered: Supportive independent housing for homeless youth ages 16-21

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Patterson Community Church & Patterson Presbyterian Food Pantry

1159 Route 311, Patterson, NY 12562

1059 Route 311, Patterson NY 12562

(845) 878-3961

www.pattersoncommunitychurch.org

Services Offered: Provides food through food pantry on the 1st, 2nd, 3rd, and 5th Sunday from 11-12:30pm.

Soup kitchen is open on the 4th Sunday from 12-2pm.

Fees/Payment Methods: Free

Languages Spoken: English

Putnam Community Action Partnership (CAP)/WestCOP

121 Main Street, Brewster, NY 10509

(845) 278-8021

www.putnamcap.org

Services Offered: Eligible individuals may access the food pantry 2x per month, free lunch is provided every Tuesday, Wednesday, Thursday (Spring through Fall) and Tuesday, Wednesday, Thursday and Friday (Winter) at the First Baptist Church in Brewster, gift cards and emergency financial assistance are available for income-eligible individuals/families to assist with needs such as rent, clothing and utility expenses. Financial assistance for breast cancer patients also available, call to inquire about eligibility. **Fees/Payment Methods:** Free

Languages Spoken: English, Spanish

Putnam County Department of Social Services

110 Old Route 6, Building #2, Carmel, NY 10512

(845) 808-1500

www.putnamcountyny.gov/socialservices

Services Offered: Provides SNAP (formerly known as Food Stamps), Temporary Assistance to Needy Families, homelessness prevention and HEAP (Home Energy Assistance) programs to income-eligible persons

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam Valley Community Food Pantry

337 Peekskill Hollow Road, Putnam Valley, NY

10537 (845) 458-1251

www.putnamvalleyfoodpantry.org

Services Offered: Provides food every Saturday 10:00 am – 11:00 am

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Salvation Army

117 Nelson Avenue, Peekskill, NY 10566

(914) 737-0280

www.newyork.salvationarmy.org/location/peekskill

Services Offered: emergency assistance & food service, food pantry, soup kitchen, hygiene closet, green thumb day, spiritual care, and disaster-related case management.

Fees/Payment Methods: Free

Languages Spoken: English, Russian, translation in other languages available

St. Christopher's Inn- Graymoor

21 Franciscan Way, Garrison, NY 10524

(845) 335-1020

www.stchristophersinn-graymoor.org

Services Offered: substance abuse treatment center for men 18 years old and older, also provides a family program, vocational activity, educational guidance, residential program, and primary medical care.

Fees/Payment Methods: Medicaid, Private Insurance or Self Pay accepted.

Languages Spoken: English

St. John the Evangelist Church

221 East Lake Boulevard, Mahopac, NY

10541 (845) 628-2006

www.sjte.online

Services Offered: Provides food every Friday 10:00 am – 12:00 pm

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, Polish

Table of Grace Community Food Kitchen at First United Methodist Church

83 Main Street, Brewster, NY 10509

(845) 279-7611

www.brewsterfumc.wixsite.com

Services Offered: Provides a free hot lunch on Saturdays from 11:00 am – 1:00 pm

Fees/Payment Methods: Free

Languages Spoken: English

That Nothing Be Lost Thrift Shop

16 Franciscan Way, Garrison, NY 10524

(845) 424-3635

www.stchristophersinn-graymoor.org/thrift-antique-shop

Services Offered: Sells gently used furniture and household items at a reduced cost, all proceeds support the St. Christopher's Inn for its residents

Fees/Payment Methods: Determined by vendor

Languages Spoken: English

The Salvation Army Thrift Shop

570 Main Street, Poughkeepsie, NY 12601

(845) 471-1730

www.salvationarmy.org

Services Offered: Sells gently used clothing and household items at a reduced cost

Fees/Payment Methods: Determined by vendor

Languages Spoken: English, Spanish

Mount Carmel Bible Church

76 Gleneida Avenue, Carmel, NY 10512

(845) 225-4255

www.MCBChurch.online

Services Offered: Food pantry is open on Wednesdays from 2-4pm. Appointment and or registration is not required. Only non-perishables are distributed.

Fees/Payment Methods: Free

Languages Spoken: English

United Way of Westchester and Putnam

336 Central Park Avenue, White Plains, NY

10606 (914) 997-6700

www.uwwp.org

Services Offered: Feeding United Delivery Program- households receive weekly nutritious food parcels along with monthly essential goods and basic needs items (clothing, baby items, personal care/hygiene items), bilingual English/Spanish educational resources (books, backpacks, flyers with information to access resources, educational book kits from Scholastic for PreK-12 curriculum), and 211 Helpline support for providing referrals for other needed community resources (rental payment assistance, tax assistance, helping veterans prevent becoming evicted), and transportation support by delivering the compiled items and goods directly to households. Families with students who qualify for free or reduced lunch will also receive books and/or activities throughout the program. Also provides assistance with prescreening potentially eligible individuals/households for SNAP (Supplemental Nutrition Assistance Program), and assisting members in their service area in completing a SNAP application. Please call (845) 730-2520 or 2-1-1 for assistance.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

WIC (Women, Infants, Children)

Open Door Medical Facility, 155 Main Street, Brewster, NY

10509 (845) 207-5432

www.wicconnect.com

Services Offered: Provides free nutritional support to low-income pregnant women, infants and children under the age of 5. WIC provides food needed daily for good health, helping stretch your food budget.

Pregnant and breastfeeding women receive health education and breastfeeding support.

Fees/Payment Methods: Meet household Income federal guidelines, Medicaid, SNAP or TANF.

Languages Spoken: English, Spanish, translation for other languages

Yorktown Love In Action

1736 Front Street, Yorktown Heights, NY

10598 (914) 743-1314

www.yorktownloveinaction.com

Services Offered: Provides clothing, household needs, food & furniture to help individuals become self-sufficiency.

Fees/Payment Methods: Free

Languages Spoken: English

CasaServir

1118 North Horsepound Road, Carmel NY 10512

(914) 221-8785

<https://www.casaservir.com/>

Services Offered: Food pantry is open every Thursday from 5pm-7pm, with winter hours from 4pm-7pm.

Participants do not need to be parishioners and may access the pantry weekly. Distribute holiday toys, turkeys, school supplies and clothing when they have it.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

People USA Putnam Rose House

111 Philipse Brook Rd. Garrison, NY 10524

(845) 452-2728, ext. 401

<https://people-usa.org/rose-houses/>

Services Offered: Provides 24/7 short-term crisis respites. Guests can stay up to seven days, and they can come and go for appointments, jobs, and other essential needs. 100% operated by peers who have their own personal lived experiences. Services include peer support and engagement, recovery and wellness education, solution planning, wellness activities, 24/7 support lines, and linkages to needed resources.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

HEALTH INSURANCE

Fidelis Care

25 Market Street, Suite 101
Poughkeepsie, NY 12601
Toll Free: 1-800-550-8031
(845) 483-1292
Fax: (845) 445-3924
www.fideliscare.org

Services Offered: Enrollment services for Medicaid, Child Health Plus and Qualified Health Plans in the NY State of Health Insurance Marketplace, MLTC, Dual Advantage, Medicare, the Essential Plan, H.A.R.P. (Health & Recovery Plan for persons with addictions). Facilitator enrollers are also located at the Hudson Valley Regional Community Health Center. Appointments recommended, but not necessary. Referrals can be also submitted by caseworkers.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Medicaid

110 Old Route 6, Building #2, Carmel, NY 10512
(845) 808-1500, ext. 45251
www.putnamcountyny.gov

Services Offered: Health insurance program for children and adults with low incomes and limited resources (must be a legal resident to apply, except if the person applying is pregnant).

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Medicare / Health Insurance, Information, Counseling, Assistance Program (HIICAP)

Putnam County Office for Senior Resources

110 Old Route 6, Building #1, Carmel, New York 10512
(845) 808-1700 Ext. 47115
www.putnamcountyny.gov/osr

Services offered: HIICAP provides free, accurate and unbiased information, counseling, assistance and advocacy on Medicare, private health insurance, and related health coverage plans. HIICAP helps Medicare beneficiaries, their representatives, or persons soon to be eligible for Medicare.

Fees/Payment Methods: Free

Languages Spoken: English

MVP Health Care

303 South Broadway, Second Floor

Tarrytown, NY 10591

(800) 339-4557

Medicare Member Services: 800-665-7924

www.mvphealthcare.com

Services Offered: Certified Application Counselors and Licensed Medicare Agents available to assist and enroll individuals into Medicare, Dual Access, Medicaid, Child Health Plus, Essential Plan, and Qualified Health Plans through the NY State of Health Insurance Marketplace. Facilitator enrollers and Licensed Agents are also located at Brewster Open Door Family Center by appointment.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, Translation line available

HIV-RELATED RESOURCES

Cornerstone

40 Saw Mill River Road, Suite UL-5, Hawthorne, NY
10532 (914) 345-8888
40 Garden Street, Suite 401, Poughkeepsie, NY 12601
(845) 704-7320
www.hudsonvalleycs.org

Services Offered: Community-based provider of services to people infected and affected by HIV/AIDS; offers Psychosocial programs, transportation programs, emergency financial service programs, thrive programs. HIV testing, HIV prevention services, referrals to community resources

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Open Door Family Medical Center

155 East Main Street, Suite 101, Brewster, NY 10509
(914) 632-2737
www.opendoormedical.org

Services Offered: counseling, case management, PrEP services, patient advocacy, chronic disease education and management, insurance enrollment and wellness program

Fees/Payment Methods: Most insurances accepted. Discounts available for uninsured. Payment based on ability to pay

Languages Spoken: English, Spanish, translation line available

Putnam County Department of Health

1 Geneva Road, Brewster, NY 10509-2339
(845) 808-1390
www.putnamcountyny.gov/health

Services Offered: Services offered in the areas of family health, which include Newborn screening, Maternal & Child Health Program, Lead screening, Immunizations, Vaccine for Adults Clinic, HIV and Hepatitis C counseling & testing, STD services and treatment, Tuberculosis services and treatment, Communicable Disease Control, Environmental Health, Community Health Assessment and Health Education

Fees/Payment Methods: Eligibility requirements, Free/Sliding fee scale

Languages Spoken: English, Spanish

HIV-RELATED RESOURCES

Cont'd

SunRiver Health

1037 Main Street, Peekskill, NY 10566

(914) 734-8800

6 Henry Street, Beacon, NY

12508 (845) 831-0400

www.sunriver.org

Services offered: Many of our Health Centers have support groups for those living with or caring for someone with HIV or Hepatitis C, through the Genesis Program. The Genesis Program works with you and your care team to coordinate your HIV/AIDS or Hepatitis C treatment and management with all aspects of your health.

Fees/Payment Methods: Accepts Medicaid and private insurance, sliding scale fee for those without insurance

Languages Spoken: English, Spanish, translation line available

Westchester Medical Center ALLY Care Center

19 Bradhurst Avenue, Suite 600, Hawthorne, NY 10532

(914) 493-7700

www.westchestermedicalcenter.org/ally-care-center

Services Offered: The Ally Care Center is a multidisciplinary clinic providing comprehensive primary care that offers a safe and welcoming health care environment for all. Services include: preventative health screening and chronic disease management, care including adolescent; Sexual health education; Confidential testing and treatments for STIs, including HIV and hepatitis C; Pre-exposure prophylaxis (PrEP) medications: including injectable cabotegravir (Apretude); Post-exposure prophylaxis (PEP) monitoring, medications and access to supportive services; Care for the LGBTQ+ community, including hormone therapy; Medication assisted treatment for substance use disorder; Integrated behavioral health services; HIV Treatment; Access to experienced case managers who can provide assistance with: Treatment adherence, Housing, Food, Transportation, Insurance: including healthcare access for undocumented individuals, access to mental health services including: individual therapy, peer support groups, psychiatry, community-based therapy

Fees/Payment Methods: Accepts most insurances. Including Medicaid and Medicare

Languages Spoken: English, Interpreter services available 24/7

HOME CARE SERVICES

A & T Healthcare LLC LHCSA-

344 Main St. #102, Mt Kisco,
NY10549 (914) 244-0544

<http://www.at-healthcare.com/contact-mt-kisco/>

Services Offered: Geriatric Services, Nursing Services, Home Health Aides, and Pediatric Home Care.

Fees/Payment Methods: Contact Agency

Languages Spoken: English, Spanish, Chinese, Creole

AccentCare of New York, Inc.

695 Dutchess Turnpike #107, Poughkeepsie, NY12603
(845) 473-7444

<http://accentcare.com/family-of-companies/accentcare-of-new-york/>

Services Offered: Skilled Nursing- management and evaluation, palliative care, health procedures, behavioral health. Personal Care Services-bathing, dressing, transportation, meal preparation, grooming, medication reminders.

Fees/Payment Methods: Managed Medicaid and private pay \$30.50/hr.

Languages Spoken: English, Spanish

Affiliated Home Care of Putnam, Inc.

4 Marina Drive, Mahopac, NY, Suite K1 10541
(845) 628-2484

www.homecareputnam.com

Services Offered: variety of in-home health services

Fees/Payment Methods: Medicaid, Managed Care

Languages Spoken: English, Spanish, Portuguese

Angels on Call Homecare, LLC

126 Union Avenue, Peekskill, NY 10566
(845) 628-2255

Services Offered: Nursing, Home Health Aide, Personal Care, Physical Therapy, Occupational Therapy, Speech-Language Pathology, Medical Social Work, Nutrition and Homemaker.

Fees/Payment Methods: Credit Cards, Checks, and ACH collections. Fees may vary, private pay and long-term insurance policies

HHA/PCA services: \$39.50 per hour

Languages Spoken: English, Spanish

HOME CARE SERVICES

Cont'd

Any-Time Home Care, Inc.

10 Little Britian Rd, Newburgh, NY

12550 (845) 565-1212

www.anytimehomecare.org

Services Offered: The Home Health Division is comprised of a paraprofessional service line encompassing the following skills: certified home health aides, personal care aides, homemakers, sitters, behavioral health, early intervention, and geriatrics

Fees/Payment Methods: Contact (845) 353-8280 for more information about accepted payment methods.

Languages Spoken: English, Spanish

Elder Care Staffing Solutions, Inc.

336 US-202 Suite 3, Somers, NY 10589

(914) 265-4299

Ecstaffingsolutions.com

Services Offered: Elder Care offers a myriad of services including the following:

Companion Care: prompts and reminders, shopping and errands, preparing meals, housekeeping, live-in aides, escorting to appointments, dementia care, respite care

Fees/Payment Methods: Hourly shift aid- \$36 per hour, companion worker \$20 per hour, live-in aides \$465 per day

Languages Spoken: English

Home Instead Senior Care

77 Tarrytown Road, White Plains, NY

10607 (914) 997-0400

www.homeinstead.com

Services Offered: Companionship Care, Personal Care, Meals & Nutrition, Transportation, Household Duties, Respite Care, Hospice Care Support Services, 24 Hour and Live-In Care

Fees/Payment Methods: Offers affordable and competitive rates to meet your care needs. Insurance rates/acceptance varies.

Languages Spoken: English

Visiting Nurse Service of Westchester (VNS), Putnam Branch Office

1311 Mamaroneck Avenue, Suite 180, White Plains, NY 10605

(845) 278-2550, (914) 682-1480

www.vns.org

Services Offered: VNS Westchester's Putnam Branch Office helps patients of all ages recover from illness or injury & manage chronic conditions in the comfort of their homes. Nursing, rehabilitation, home health aides, social work and care coordination services, cardiac disease management, Tele Health monitoring, pain management and palliative care, and mental health home care. Accredited by the Community Health Accreditation Program (CHAP), indicating that they exceed nationally recognized standards of excellence. **Fees/Payment Methods:** Medicare, Medicaid, private insurance, private pay

Languages Spoken: English, Spanish

HOME ENERGY NEEDS

Cornell Cooperative Extension-Dutchess

1 Geneva Road, Brewster, NY 10509

(845) 278-6738, ext. 217

<http://ccedutchess.org>

Services Offered: Offers resources that can help individuals learn about ways to reduce energy consumption and use energy resources more efficiently

Fees/Payment Methods: Free

Languages Spoken: English

Department of Social Services- HEAP (Home Energy Assistance Program)

110 Old Route 6, Building #2, Carmel, NY 10512

(845) 808-1500

www.putnamcountyny.gov/social-services

Services Offered: Provides financial assistance with heating costs to income-eligible families/individuals

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, Italian, Portuguese, Hungarian

Putnam County Housing

Corporation 102 Gleneida Avenue,

Carmel, NY 10512 (845) 225-8493

www.putnamhousing.com

Services Offered: Administers a home improvement program which assists income-eligible homeowners with grants of up to \$40,000 to correct code & safety violations

Fees/Payment Methods: Call for details

Languages Spoken: English, Spanish

Putnam County Office for Senior Resources

110 Old Route 6, Building #3, Carmel, NY 10512

(845) 808-1700

www.putnamcountyny.gov

Services Offered: Certifies HEAP (Home Energy Assistance Program) applications for residents 60 years of age and older, and provides referrals to other community resources

Fees/Payment Methods: Free

Languages Spoken: English, Translation Services Available Upon Request

Putnam Weatherization/WestCOP

540 Palmer Road, 2nd floor, Yonkers, NY

10701 (914) 375-7887

www.westcop.org

Services Offered: Provides weatherization services such as weather-stripping and caulking around doors and windows, cleaning, testing, repairs or replacement of heating systems, repair of broken window glass or possible replacement of some windows, repair or replacement of outside doors and addition of insulation to walls to income-eligible individuals/families

Fees/Payment Methods: Free

Languages Spoken: English

Sustainable Putnam

PO Box 412, Mahopac Falls, NY 10542

(646) 598-6560

info@sustainableputnam.org

<https://sustainableputnam.org>

Services Offered: Home energy consultations by phone or Zoom on energy assessments, insulation, heat pumps, solar, and electric vehicles. Listings of area contractors. Free repair of household items, lamps, small appliances and more at our quarterly Repair Cafés.

Fees/Payment Methods: Free

Languages Spoken: English

HOUSING NEEDS

Brewster Cares

31 Prospect Street, Brewster, NY 10509

(845) 279-6146

Services Offered: Temporary shelter for homeless individuals. Warming center available for the unsheltered. Check-in is every night, located at 468 N. Main Street in Brewster, starting at 8:30 pm. Warm meal is provided, a shower, and a place to wash their clothes. Between 6:30 am-2:30 pm warming center provides access to TV, charging electronic devices, setup / participate in private meetings with social services, or medical appointments

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Department of Social Services

110 Old Route 6, Carmel, NY 10512

(845) 808-1500

<https://www.putnamcountyny.gov/department-of-social-services>

Services Offered: Provides temporary housing assistance for homeless adults with minor children in their care

Fees/Payment Methods: Please call for details

Languages Spoken: English, Spanish

Putnam County Housing

Corporation 102 Gleneida Avenue,

Carmel, NY 10512 (845) 225-8493

www.putnamhousing.com

Services Offered: Administers the Section 8 rental subsidy program, Family Self-Sufficiency program (helps Section 8 families become economically independent), counseling program (for homeowners & renters), home improvement programs and senior housing, foreclosure counseling services.

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English, Spanish

CoveCare Center

1808 Route 6, Carmel, NY 10512

(845) 225-2700

www.covecarecenter.org

Services Offered: Homeless Prevention Services assists clients with rental arrears when faced with an eviction, funding is limited. Rapid Re-Housing Services provides 24 months of rental assistance to homeless individuals and families to become rehoused, funding is limited.

Fees: Funding is limited, please call for details

Languages Spoken: English, Translation available

IMMIGRATION SERVICES

Catholic Charities Community Services

175 Main Street, Brewster, NY 10509

(845) 279-5276

www.catholiccharitiesny.org

Services Offered: English & citizenship prep classes, legal services/consultations, information on legal rights, refugee resettlement services and assistance for unaccompanied minors are some of the services offered.

Fees/Payment Methods: Consultation Fee: \$50.00. Fee reductions and (or) waivers are available to those who qualify. No one is turned away due to their inability to pay the fee.

Languages Spoken: English, Spanish at the Brewster office location; language service support in 200 languages via NYS New Americans Hotline at (800) 566-7636

Neighbors Link

27 Columbus Avenue, Mount Kisco, NY

10549 (914) 666-3410

Legal Helpline: (914) 502-3377 Thursdays

8am-8pm

www.neighborslink.org

Services Offered: Provides a full array of immigration legal services, from citizenship applications to removal proceedings. Represents both detained and non-detained individuals as well as adults and children in NY Family Court, before ICE, USCIS, EOIR, BIA and in federal court.

Fees/Payment Methods: Fees vary depending on services, legal consultations typically free

Languages Spoken: English, Spanish, and access to language service support

LEGAL SERVICES

Child Advocacy Center of Putnam County

121 Main Street, Brewster, NY 10509

(845) 808-1400

<http://putnamcac.org/>

Services Offered: Provides services to children who are identified as potential victims of physical or sexual abuse and/or domestic violence; center provides a non-threatening atmosphere for conducting interviews, medical examinations, and provides a victim advocate to assist the family through the legal process and make referrals to appropriate community resources. Provide prevention and education around child abuse awareness.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Dispute Resolution Center

110 Old Route 6, Building #3, Carmel, NY 10512

(845) 372-8771

www.drcservices.org

Services Offered: Provides mediation, conciliation, group facilitation and arbitration, as well as other processes that are applicable to a broad range of family, youth, school, housing business issues; also offers related educational training and workshops

Fees/Payment Methods: Divorce mediation will require cost

Languages Spoken: English, Spanish

Empire Justice Center

80 North Broadway, White Plains, NY

10603 (914) 422-4329

www.empirejustice.org

Services Offered: Provides free legal representation to low-income individuals regarding immigration and immigrant victims of domestic violence. Also provides training and technical assistance to community-based organizations.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

John Jay Legal Services of Pace Law

School 80 North Broadway, White Plains,

NY 10603 (914) 422-4333

www.law.pace.edu/john-jay-legal-services

Services Offered: Provides free direct legal representation to low-income individuals in matters of disability rights, immigration and immigrants' rights

Fees/Payment Methods: Free if qualified

Languages Spoken: English, services available in multiple languages (dependent upon law students participating in the legal clinic)

Legal Services of the Hudson Valley

90 Maple Avenue, White Plains,

NY, 10601 (914) 949-1305

Intake line: (877) 574-8529

www.lshv.org

Services Offered: Provides free legal representation in civil matters such as: children's advocacy, housing, public benefits, elder law, domestic violence, protection and advocacy of individual rights, unemployment benefits, health advocacy project and HIV/Ryan White to low-income individuals (not all services are offered at each location)

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, language line used to accommodate other languages

PACE Women's Justice Center

78 North Broadway, White Plains, NY

1060

(914) 422-4069

www.law.pace.edu/wjc

Services Offered: Free legal services to low-income victims of domestic violence, sexual assault & elder abuse

Fees/Payment Methods: Free

Languages Spoken: English, Spanish, call for other languages

Putnam County District Attorney Victim/Witness Program

40 Gleneida Avenue, Carmel, NY 10512

(845) 808-1050

<http://putnamcountyda.org/victim-services>

Services Offered: Assists victims of crime and their families through traumas associated with victimization. The Probation Department provides all county residents with access to the Family Court to address issues of family abuse, custody, visitation, support and paternity. A probation intake worker is available for both emergency services and scheduled appointments. The intake worker assists individuals with the completion of Family Court petitions which address the aforementioned issues.

Fees/Payment Methods: Free

Languages Spoken: English

EnglishPutnam County Family Court

20 County Center, Carmel, NY 10512

(845) 208-7805

Probation Intake Number (845) 808-1111

www.nycourts.gov/courts/9jd/putnam/putnamfamily.shtml

Services Offered: Provides child support, order of protection, custody and visitation services

The Probation Department provides all county residents with access to the Family Court to address issues of family abuse, custody, visitation, support and paternity. A probation intake worker is available for both emergency services and scheduled appointments. The intake worker assists individuals with the completion of Family Court petitions which address the aforementioned issues.

Fees/Payment Methods: Determined by court

Languages Spoken: English, Accesses NYS list of interpreters when needed

Putnam County Legal Aid Society

12 Fair Street, NY 10512

(845) 225-8466

Services Offered: Provides legal assistance to low-income defendants facing criminal charges or Family Court matters.

Fees/Payment Methods: Free

Languages Spoken: English, Court accesses NYS list of interpreters when needed

Putnam County Probation Department

40 Gleneida Avenue, Carmel, NY 10512

(845) 808 -1111

www.putnamcountyny.gov/probation

Services Offered: Provides supervision to offenders, promotes the rehabilitation of those under their supervision, and assists crime victims through referrals to community services. The Probation Department provides all county residents with access to the Family Court to address issues of family abuse, custody, visitation, support and paternity. A probation intake worker is available for both emergency services and scheduled appointments. The intake worker assists individuals with the completion of Family Court petitions which address the aforementioned issues.

Fees/Payment Methods: Inquire with department

Languages Spoken: English

Putnam County Sheriff's Department

3 County Center, Carmel, NY 10512

(845) 225-4300

www.putnamsheriff.com

Services Offered: Provides crime prevention, protection of life and property and maintenance of order. Oversees the inmate community work, inmate education, Child Passenger Safety Program, Operation Safe Child, Project Lifesaver, "Are you okay?", Yellow Dot, Dark House Check and Cadet Explorers Programs

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam/Northern Westchester Women's Resource Center

935 South Lake Blvd #2, Mahopac, NY 10541

(845) 628-9284

www.pnwwrc.org

Services Offered: Provides advocacy, education and counseling services to women, men & children, as well as legal referrals

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

The Worker Justice Center of NY

9 Main Street, Kingston, NY 12401

845-331-6615, (800) 724-7020 (Clients)

www.wjcny.org

Services Offered: Provides free legal services to low-wage workers struggling to enforce their rights in the workplace, provides education about labor and civil rights, and works with local and national organizations to advocate for reform on behalf of low-wage workers.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

LGBT RESOURCES

The LOFT

252 Bryant Avenue, White Plains, NY 10601

(914) 948-2932, Helpline: (914) 948-2932

ext. 13

www.loftgaycenter.org

Services Offered: Provides education, advocacy and celebratory services to the lesbian, gay, bisexual and transgendered community of the lower Hudson Valley

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Triangle Community Center

650 West Ave, Norwalk, CT 06850

(203) 853-0600

www.ctpridecenter.org

Services Offered: TCC is home to many free groups that meet weekly, bi-weekly or monthly at the center. The groups include peer support, recovery, older adult day time programming, crafts, sober social events, and youth groups and food pantry. TCC strives to make local area providers more welcoming and affirming through education with its LGBTQ Training Institute. Free counseling and case management available online and in person for CT residents.

Fees/Payment Methods: Free

Languages Spoken: English

MEDICAL CARE

Danbury Hospital Community Health Center

24 Hospital Avenue, Danbury, CT 06810

(203) 739-7000

www.nuvancehealth.org

Services Offered: Primary care, pediatrics, imaging & radiology, surgical services, bariatric surgery, orthopedics

Fees/Payment Methods: Accept Medicaid and private insurance, sliding fee for those without insurance

Languages Spoken: English, Spanish

Hudson Valley Regional Community Health

Centers 15 Mount Ebo Road South, Suite 1,

Brewster, NY 10509 (845) 278-6930

www.hvrchealth.org

Services Offered: Provides primary care medical services, specialized medical services, mental health counseling, dental services, and rehabilitation services. Health services to patients, include those who are underserved with a special focus on the needs of people with disabilities and chronic health conditions.

Fees/Payment Methods: Accepts Medicaid, sliding scale fee for those without insurance

Languages Spoken: English, Spanish

Northern Westchester Hospital-

Maternity 400 East Main Street, Mount

Kisco, NY 10549 (914) 666-1840

<https://nwh.northwell.edu/maternity>

Services Offered: Provides pre-natal medical care, level III NICU and is the application site for PCAP (health insurance program for pregnant women)

Fees/Payment Methods: Accepts Medicaid, PCAP Medicaid program, private insurance

Languages Spoken: English, Spanish

Open Door Family Medical Center

155 East Main Street, Suite 101 Brewster, NY 10509

(914) 632-2737

www.opendoormedical.org

Services Offered: Family Medicine, Women's Health, Gynecology, Prenatal Care, Family Planning, Pediatrics, Immunizations, Routine Check-Ups, Sexual Health & HIV Services, Dental Care, Behavioral/Mental Health, Podiatry, Nutrition, Patient Advocacy, Chronic Disease Education and Management, Insurance Enrollment, Wellness Program and WIC

Fees/Payment Methods: Most insurances accepted. Discounts available for uninsured. Payment based on ability to pay

Languages Spoken: English, Spanish, Translation line available

Planned Parenthood

44 Main Street Danbury, CT 06810

(203)-743-2446

17 Noxon Street, Poughkeepsie, NY 12601

(845) 471-1540

136 Lake Street, Suite 11, Newburgh, NY 12550

(845) 471-1530

www.plannedparenthood.org

Services Offered: Provides pregnancy testing, family planning, mental health, prenatal postpartum services and comprehensive women's health care

Fees/Payment Methods: Accepts Medicaid, private insurance, sliding scale fee for those without health insurance

Languages Spoken: English, Spanish

Putnam County Department of Health

1 Geneva Road, Brewster, NY 10509

(845) 808-1390

FAX: 845-278-7921

www.putnamcountyny.gov/health

Services Offered: Services offered in the areas of family health, which include Newborn screening, Maternal & Child Health Program, Lead screening, Immunizations, Vaccines for Adults Clinic, HIV and Hepatitis C counseling & testing, STD services and treatment, Tuberculosis services and treatment, Communicable Disease Control, Environmental Health, Community Health Assessment and Health Education

Fees/Payment Methods: Eligibility requirements, Free/Sliding fee scale

Languages Spoken: English, Spanish

Putnam Hospital Center- Nuvance Health

670 Stoneleigh Avenue, Carmel, NY 10512

(845) 302-3491

www.nuvancehealth.org

Services Offered: Medical, emergency services, surgical, psychiatric, pediatric and obstetrical/gynecological care.

Fees/Payment Methods: Determined by provider

Languages Spoken: English, Translation services available upon request

SunRiver Health

1037 Main Street, Peekskill, NY 10566

(844) 400-1975

www.sunriver.org

Services Offered: Dental, optometry, pediatric, women's health, internal medicine, podiatry, nutrition, urgent care services, HIV testing & counseling, and substance abuse care, Pathways Alcohol & Drug Counseling

Fees/Payment Methods: Accepts Medicaid and private insurance, sliding scale fee available for those without insurance

Languages Spoken: English, Spanish, translation line available

Westchester Medical Center

100 Woods Road, Valhalla, NY 10595

(914) 493-7000

Open 24/7

www.westchestermedicalcenter.com

Services Offered: advanced imaging, brain & spine institute, orthopedics & orthopedic surgery, psychiatry & mental health, transplant center, trauma & burn center, pediatric & OB/GYN services, cancer institute and heart & vascular institute

Fees/Payment Methods: Determined by provider

Languages Spoken: English, Translation services available upon request

MENTAL HEALTH RESOURCES

9-8-8 Suicide & Crisis Lifeline

<https://988lifeline.org/>

Services Offered: Connects individuals to trained crisis counselors 24/7. They can help anyone thinking about suicide, struggling with substance use, experiencing a mental health crisis, or any other kind of emotional distress. You can also call, text or chat 988 if you are worried about someone you care about who may need crisis support.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Brightside Health

www.brightside.com

Services Offered: Provides online mental health care to individuals 13 years old and older. Expert providers can help with anxiety, depression, and many other common concerns. We offer personalized psychiatry, clinically-proven therapy, and teen care.

Fees/Payment Methods: Aetna, Ambetter, Allegiance, Cigna, Meritain, UnitedHealthcare, original Medicare Part B, UnitedHealthcare Medicare Advantage, Wellcare, self-pay plans for uninsured starting at \$95/mo.

Languages Spoken: English

CoveCare Center

1808 Route 6, Carmel, NY 10512

(845) 225-2700

www.covecarecenter.org

Services Offered: Provides support, education advocacy for those affected by mental illness. The mental health clinic has individual therapy & medication management to treat most kinds of mental illnesses and issues and works with all ages from young children to older adults.

Fees/Payment Methods: Medicaid, Medicare, most commercial insurance plans, and sliding scale fee for those who are uninsured

Languages Spoken: English, Bilingual therapists may be available

Crisis Text Line

www.crisistextline.org

Text: 741741

Services Offered: Confidential 24/7 support for people in crisis (COVID-19, Anxiety, Eating Disorder, Depression, Suicide, etc.)

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Green Chimneys Community Based Services

1689 Route 22, Brewster, NY 10509

(845) 279-2378

www.greenchimneys.org

Services Offered: Individual therapy, family therapy, care coordination, runaway homeless youth housing also known as Arbor House Youth Shelter.

Fees/Payment Methods: Medicaid

Languages Spoken: English, Spanish

Hudson Valley Cerebral Palsy

Association 15 Mount Ebo Road South,
Brewster, NY 10509 (845) 878-9078

www.hvcpa.org

Services Offered: Provides psychotherapy to both children and adults. The mission of Hudson Valley Cerebral Palsy Association is to advocate with and for individuals with Cerebral Palsy and individuals with similar service needs, and their families to provide them with lifelong opportunities and choices that promote their health, independence, inclusion, while achieving an enhanced quality of life.

Fees/Payment Methods: Medicaid, sliding scale fee for those without insurance

Languages Spoken: English, Spanish

Mental Health Association in Putnam County, Inc.

1822 US-6, Carmel, NY 10512

(845) 278-7600

Putnam County Crisis Hotline: (845) 225-1222 (24 hours/day, 7 days/week) www.mhaputnam.org

Services Offered: Peers helping peers by providing help through experience, offers a variety of free social programs, and provides information and referrals to community resources

Fees/Payment Methods: Free

Languages Spoken: English

NAMI (National Alliance on Mental Illness) Putnam Chapter

P.O. Box 552, Mahopac, NY 10541

(845) 363-1478 (call or text)

www.namiputnam.org

Services Offered: Provides support, education advocacy for those affected by mental illness and educational classes

Fees/Payment Methods: Free

Languages Spoken: English

Open Door Family Medical Center

155 East Main Street, Suite 101 Brewster, NY 10509

(914) 632-2732

www.opendoormedical.org

Services Offered: Social Work services, individual and family Counseling, screening and assessments, primary medical care, dental, women's health, podiatry, behavioral health and nutrition, WIC (Women, Infants and Children)

Fees/Payment Methods: Most insurances are accepted including Medicaid, Child Health Plus, several carriers on the NY State of Health Marketplace & Medicare. Discounts available for uninsured.

Payment based on ability to pay

Languages Spoken: English, Spanish, Translation line available

People USA Putnam Rose House

111 Philipse Brook Rd. Garrison, NY 10524

(845) 452-2728, dial 0 then ext. 401

<https://people-usa.org/rose-houses>

Services Offered: Provides 24/7 short-term crisis respites. Guests can stay up to seven days, and they can come and go for appointments, jobs, and other essential needs. 100% operated by peers who have their own personal lived experiences. Services include peer support and engagement, recovery and wellness education, solution planning, wellness activities, 24/7 support lines, and linkages to needed resources.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

People USA Mobile Crisis Outreach Team

1822 Route 6, Carmel, NY 10512

(845) 379-2463

<https://people-usa.org/mobile-teams/>

Services Offered: The Mobile Crisis Outreach Team provides immediate, community based crisis response and intervention for individuals of any age, available Monday-Friday from 12pm-8pm. Services are delivered either face to face or by phone by a peer specialist and a licensed behavioral clinician. The team offers engagement, peer support, care collaboration, and connections to additional resources. Standard follow up is provided in the days after the initial response to help prevent future crises.

Fees/Payment Methods: No cost

Languages Spoken: English, translation services available

Philipstown Behavioral Health Hub

5 Stone Street, Cold Spring, NY 10516 (845) 809-5050

Confidential Text: (845) 260-1001

<https://www.philipstownhub.org>

Services Offered: Provides LOCAL access to behavioral health and addiction resources in Philipstown, New York, Care Coordinators can provide information on local treatment and recovery resources, guidance & support for families, direct referrals to service providers, hosts Mental Health First Aid Training sessions, parenting programs that support & assist parents to support their children at the advance through various life stages & changes or struggle with behavioral health and addiction concerns. Provides Narcan kits and all ages are welcome.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam Clinic of Rockland Psychiatric Center (Brewster Clinic)

1620 Route 22, Brewster, NY 10509

(845) 278-2500, ext. 318

Services Offered: Outpatient mental health facility. Treatment program for those adults who are best served with psychiatric visits on a weekly basis. Provides psychotherapy, counseling, mediation therapy, rehabilitation therapy and vocational therapy.

Fees/Payment Methods: Medicaid, NYS financed health insurance plan other than Medicaid, private insurance, cash or self-payment, will provide services to those who are uninsured and unable to pay on sliding scale

Languages Spoken: English, Translation in any language available

Putnam County Co-Response Team (CRT)

Putnam County Sheriff's Office, 3 County Center, Carmel, NY 10512

(845) 225-4300 ext. 41990

Services Offered: Provides pre- and post-crisis intervention to individuals at risk of, or currently experiencing mental health or substance use challenges. CRT offers short-term engagement to facilitate connections to care and linkages to support services, including mental health treatment, substance use disorder treatment and social services.

Fees/Payment Methods: Free

Languages Spoken: English, Translation services can be utilized

Putnam County Crisis Intervention Hotline

(845) 225-1222 (Call or Text)

Services Offered: provides free confidential crisis intervention

Fees/Payment Methods: Free

Languages Spoken: English

MENTAL HEALTH RESOURCES

Cont'd

Putnam County Department of Mental Health

www.putnamcountyny.gov/departments-of-social-services

(845) 808-1500

Services Offered: Substance use referrals, mental health referrals, co-occurring disorder referral, Co-Response Team, Single Point of Access (SPOA) for adults and youth

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam/Northern Westchester Women's Resource Center

935 S Lake Blvd #2, Mahopac, NY 10541

(845) 628-9284

24-hour Crisis Hotline (845) 628-2166

www.pnwwrc.org

Services Offered: Provides advocacy, education and counseling services to women, children and men, group legal consultations, shelter, case management, as well as legal consultations

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Search For Change

2615 Carmel Avenue, Brewster, NY 10509

(914) 428-5600, ext. 5603

www.searchforchange.org

Services Offered: Provides residential services, private case management, vocational services, respite care and hospital diversion programs, as well as assertiveness/self-advocacy, health services, medication management, substance abuse services, rehabilitation counseling, daily living skills, parenting skills training and community integration

Fees/Payment Methods: Medicaid, private pay

Languages Spoken: English

RECREATION PROGRAMS

ARC Mid-Hudson

575 Drewville Road, Carmel, NY 10512

(845) 331-4300

(845) 278-7272

www.arcmh.org

Services Offered: Provides recreational opportunities for children and adults with developmental disabilities who live at home with their families in Putnam County. Residential services and supervised apartments.

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

Carmel Recreation and Parks

790 Long Pond Road, Mahopac, NY 10541

(845) 628-7888

Carmel Town Hall

60 McAlpin Avenue, Mahopac, NY 10541

(845) 628-1500

www.ci.carmel.ny.us/recreation

Services Offered: Various adult and youth activities/sports/classes, summer camp, senior citizen program, and special events

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

Green Chimneys

Brewster Campus:

400 Doansburg Road, Brewster, NY 10509

(845) 279-2995, ext. 346

Carmel Campus:

33 Clearpool Road

Carmel, NY 10512

845.225.8226

www.greenchimneys.org

Services Offered: Swim programs including swimming lessons/lifeguard training, pool parties, weekend nature series, outdoor walking trails. Summer camps located in Brewster and Carmel are also available over vacation weeks and the summer for pre-k - 10th grade

Fees/Payment Methods: Registration is required.

Languages Spoken: English

RECREATION PROGRAMS

Cont'd

Kent Recreation

Kent Town Hall, 25 Sybil's Crossing, Kent Lakes, NY 10512

(845) 531-2100

www.townofkentny.gov/rec_home.htm

Services Offered: Various youth programs (baseball, softball, basketball, soccer, volleyball and bowling) and various community activities

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

Philipstown Recreation

Philipstown Community

Center 107 Glenclyffe Drive

Garrison, NY 10524

(845) 424-4618

www.philipstownrecreation.com

Services Offered: Summer camps and various activities/special programs for children, adults and seniors

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English, Spanish

Pied Piper Youth Theater

White Pond Center, 275 White Pond Rd, Stormville, NY 12582

(845) 878-9780

<http://www.pipertheater.org/>

Services Offered: Non-profit organization dedicated to meeting the needs of the community through artistic and creative endeavors. Putnam and Dutchess County youth theater offering workshops and productions

Fees/Payment Methods: Depends on program, see website for details

Languages Spoken: English

Putnam Valley Parks & Recreation Department

265 Oscawana Lake Road

Putnam Valley, NY 10579

(845) 526-3292

www.pvpr.com

Services Offered: Offers various adult and youth activities, offer day camp and before and after school child care

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

RECREATION PROGRAMS

Cont'd

The Patterson Recreation Center

65 Front Street
Patterson, NY 12563
(845) 878-7200

www.pattersonny.myrec.com

Services Offered: Pre-K (16 kids per year), Summer camps, special events, and programs/sports/activities for all ages

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

Town of Southeast Parks & Recreation

146 Pumphouse, Brewster, NY 10509
(845) 279-3915

www.southeastnyparksandrec.org

Email: recreation@southeast-ny.gov

Hours of Operation: Monday-Friday 9am-4:30pm

Services Offered: Seasonal events and programming for children, adults and seniors, including summer camps, various sports and non-sports; management of parks and community center

Fees/Payment Methods: Online (if needing an alternate payment method please call for assistance)

Languages Spoken: English

SENIOR RESOURCES

CoveCare Center

1808 Route 6, Carmel, NY 10512

(845) 225-2700

www.covecarecenter.org

Adult Care Management and PROSper:

1816 Route 6

Carmel, NY 10512

Services Offered: Provides mental health clinic services for all ages, chemical dependency services (treatment, prevention, and outreach), community-based services for adults and children, Personalized Recovery Oriented Services, and children/adult/senior care management

Fees/Payment Methods: Medicaid, private insurance, sliding scale fee for those without insurance

Languages Spoken: English, Spanish

Putnam County Office for Senior Resources

110 Old Route 6, Building #3, Carmel, NY 10512

(845) 808-1700

Carmel Friendship Center

110 Old Route 6, Building #1, Carmel, NY 10512

(845) 808-1701

Friendship Center in Philipstown

6 Butterfield Road, Cold Spring, NY 10516

(845) 808-1705

Putnam Valley Senior Center

117 Town Park Lane, Putnam Valley, NY

10579 (845) 808-1730

William Koehler Memorial Senior Center

180 US 6, Mahopac, NY 10541

(845) 808-1738

<http://www.putnamcountyny.gov/osr>

Services Offered: Administers the following programs for persons 60+ years of age: expanded in-home services for the elderly (EISEP), elderly pharmaceutical insurance coverage (EPIC), health insurance information and counseling assistance (HIICAP), Home Energy Assistance Program (HEAP), legal services, nutrition programs, wellness and exercise classes social adult day services, caregiver support services, medical transportation and information & referrals to community resources

Fees/Payment Methods: Contribution, Cost Share for Home Services

Languages Spoken: English, Translation Services Available Upon Request

TRANSPORTATION SERVICES

Housatonic Area Regional Transportation (HART)

62 Federal Road, Danbury, CT 06810

(203) 744-4070

<http://www.hartransit.com/>

Services Offered: Public transportation in NY & CT, for schedule and route information go to the website or call

Fees/Payment Methods: Standard Fares: \$1.75 full fare, \$1.40 for students (K-12), \$.85 for seniors or disabled.

Languages Spoken: English

PART Paratransit

Putnam County

Transportation 841 Fair

Street, Carmel, NY 10512

(845) 878-3480

(845) 878-7433

www.putnamcountyny.gov/transportation

Services Offered: An origin-to-destination transportation system for those Putnam residents who are unable to use the PART public transportation due to a physical or mental disability. PART Paratransit operates specially modified vans to transport riders with a range of disabilities, including those who use wheelchairs).

Fees/Payment Methods: \$3.25

Languages Spoken: English & translation services are available.

Putnam Area Rapid Transit (PART)

Putnam County

Transportation 841 Fair

Street, Carmel, NY 10512

(845) 878-7433

<https://www.putnamcountyny.gov/transportation/>

Services Offered: Bus service throughout Putnam County, please call for schedule or go to website

Fees/Payment Methods: \$2.50 one-way, \$1.25 for Seniors & Disabled with Office for the Aging ID card, Medicare card, and/or Half-Fare card issued by the Putnam County Planning Department are eligible for half-fare, \$1.25 for students with I.D or children under 13, infants ride for free

Languages Spoken: English

VETERANS RESOURCES

My Brother Vinny

P.O. Box 644, Yorktown Heights, NY
10598 (914) 299-2106
www.mybrothervinny.org

Services offered: Assists Veterans to start over after being homeless by providing furniture, household items, kitchen utensils, linens, dish sets, toiletries, etc.

Fees/Payment Methods: Free

Languages Spoken: English

Putnam County Veteran Service Agency

110 Old Route 6, Bldg. 3, Carmel, NY 10512
(845) 808-1620
www.putnamcountyny.com/vsa

Services offered: Assistance with claims, housing at veterans' residence in Carmel, community assistance

Fees/Payment Methods: Free

Languages Spoken: English

WestCOP- Support Services For Veterans and Their Families Program

28 East 1st Street, Mount Vernon, NY
10550 (914) 664-8680
www.westcop.org/programs/ssvf

Services offered: housing search, temporary financial assistance for rent, utilities, transportation, child care or education, job coaching, assistance with job search and placement and assistance with obtaining VA and other public benefits provided.

Fees/Payment Methods: Free

Languages Spoken: English

Guardian Revival

413 Main St, Beacon, NY 12508
Talk line (845)745-0088
<https://www.guardianrevival.org>

Services Offered: Supporting veterans, first responders, and their families by providing mental health resources, wellness programs, and community engagement initiatives. Empower and uplift those who serve by offering access to peer support, outdoor adventures, service dogs, and other critical resources to enhance well-being and resilience. Open Monday-Friday from 8am-4pm.

Fees/Payment Methods: Free

Languages Spoken: English

YOUTH RESOURCES

Arbor House (Green Chimneys Community-Based Services)

Call for details for Arbor House/Jules Schwimmer Residence

(845) 279-2995, 24- hour hotline: (845) 279-2588 (free, confidential help)

<http://www.greenchimneys.org/arborhouse/>

Services Offered: Provides temporary residential & respite services and case management to youth. Ages 12-17, who have run away, been displaced from their home, are homeless, need a break due to family conflict, have been discharged from a residential facility or who cannot be home for other reasons. Text 4 Teens is a partnership between Green Chimneys, the Mental Health Association and the Suicide Prevention Taskforce. Text ANONYMOUSLY at (845) 661-9749 (Friday 6:00 – 10:00 pm and Sunday 4:00 – 8:00 pm)

Fees/Payment Methods: Free

Languages Spoken: English

Greater Hudson Valley Council, Boy Scouts of America

Greater Hudson Valley Council Headquarters

18 Westage Drive Space 19, Fishkill, NY 12524

845-566-7300

<https://www.ghvscouting.org>

Services Offered: Builds confidence and character for all ages including: Cub Scouts for grades 1-5, Boy Scouts for grades 6-12, and Venturing for ages 14-21 male/female. Offers Cub and Boy Scout summer camps, weekend camping, and various programs and events

Fees/Payment Methods: Contact office for information on fees

Languages Spoken: English

Child Advocacy Center of Putnam County

121 Main Street, Brewster, NY 10509

(845) 808-1400

<http://putnamcac.org>

Services Offered: The CAC is a child- and family-focused facility, providing comprehensive, multidisciplinary services to children suspected of being abused. Provides services to children who are identified as potential victims of physical or sexual abuse and/or domestic violence; center provides a non- threatening atmosphere for conducting interviews, medical examinations, and provides a victim advocate to assist the family through the legal process and make referrals to appropriate community resources. Provide prevention and education around child abuse awareness and community education trainings.

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

YOUTH RESOURCES

Cont'd

Community Outreach Center (Green Chimneys- Community Based Services)

965 Route 22, Brewster, NY 10509

(845) 279-1467. 24 Hour Hotline: (845) 279-2588

<http://www.greenchimneys.org/outreachcenter>

Services Offered: Provides after-school & evening activities, intervention prevention & counseling for community youth (ages 7-20) in order to provide a safe & productive place to interact with peers and promote positive youth development; provides an after-school program, Street Outreach services, Group Meetings for specified age groups and reasons, parent central, and community service. Youth aged 14 and older can work as volunteers at the Center helping younger youth with homework, leading arts & crafts activities, teaching skills/hobbies or assisting staff with special projects.

Fees/Payment Methods: Free

Languages Spoken: English

Cornell Cooperative Extension

Terravest Corporate Park

1 Geneva Road,

Brewster, NY 10509

(845) 278-6738

<https://cceputnamcounty.org>

Services Offered: Provides information and sponsors activities on topics such as environment & natural resources, food and nutrition, gardening, energy, agriculture and STEM. Cloverbud clubs ages 5-8 4-H Clubs 8-12 & 13 -19, provides a 4-H club that designs programs, projects & activities that provide fun learning experiences; 4-H S.T.E.P. programs (short-term educational projects).

Fees/Payment Methods: Varies by program, please call for details

Languages Spoken: English

CoveCare Center

1808 Route 6, Carmel, NY 10512

(845) 225-2700

www.covecarecenter.org

Services Offered: Respite program designed to provide caregivers with temporary relief while ensuring their loved one is cared for. Respite provides activities for any child, up until the age of 18, to enjoy time away from their home environment.

Fees/Payment Methods: Medicaid, Medicare, most commercial insurance

Languages Spoken: English, some bi-lingual providers

Girl Scouts Heart of the Hudson

1488 US-9 #3

2 Great Oak Lane, Wappingers Falls, NY

12590 30 Scott's Corners Drive,

Montgomery, NY 12549 (855) 232-4744

<http://www.girlscoutshh.org>

Services Offered: Serves girls in seven counties including Putnam County, provides programming for girls in grades K through 12 along with adult volunteers, summer camps, volunteering, and various programs and activities

Fees/Payment Methods: Contact office for information on fees

Languages Spoken: English, Spanish

Green Chimneys, Inc.

Brewster Campus: 400 Doansburg Road, Brewster, NY

10509 (845) 279-2995

Camel Campus: 33 Clearpool Road, Carmel, NY 10512

845-225-8266

Community-based Services: 1689 US- 22, Brewster, NY 10509

(845) 279-2378

www.greenchimneys.org

Services Offered: Not-for-profit school and social service corporation focused on animals and nature that provides access to services for children with emotional, behavioral and learning challenges.

Program includes a therapeutic day school, residential treatment programs, mandated preventive services, PINS Prevention Program and Home & Community Based Waiver Program, programs for at-risk, runaway, homeless, foster care youth and families in crisis, Nature's Nursery preschool and after-school programs, Summer Camps (Clearpool/Hillside), Summer Sprouts Camp Program, and Internship Programs

Fees/Payment Methods: Contact office for information on fees/payments

Languages Spoken: English

Putnam County Department of Social Services- Children's Services

110 Old Route 6, Carmel, NY 10512

(845) 808- 1500

www.putnamcountyny.gov/departments-social-services

Services Offered: Child Protective: receives reports of child abuse; purpose of program is to protect children from abuse and neglect

Children's Services: foster care, day care, preventative services, adoption services, casework counseling to families in need of preventing out-of-home placements without regard to income

Fees/Payment Methods: Free

Languages Spoken: English, Spanish

Putnam County Youth Bureau

110 Old Route 6, Bldg. #3, Carmel, NY 10512

(845) 808-1600

www.putnamcountyny.gov/youth-bureau

Services Offered: Offers information on and referrals to youth programs, education & training, Pegasus Program for youth ages 5 -14 who have a parent or family member suffering from alcoholism or other drug dependencies, Supervision and treatment services for juveniles program (STSJP) prevention program for youth at risk for possible involvement in the Juvenile justice system, Teens-N-Kids Mentoring Program which matches elementary age students with high school students, Youth Court diversion program, runaway and homeless youth programs, Youth Forum and coordination of services and advocacy for youth & families

Fees/Payment Methods: Free

Languages Spoken: English