



		Tuesday	Wednesday	Thursday	Friday	
			1 Chicken Patties with Pasta Salad and Veggies Milanesa Pollo with Ensalada de Fideos y Verduras	2 Kielbasa with Sauerkraut and Veggies Kielbasa con chucrut y verduras	3 Salmon with Rice and Veggies Salmón Con Arroz Y Verduras	4
5	6	7 Ground Beef with Mac and Cheese Carne Molida con Fideo y Queso	8 Ground Beef Stir fry Salteado de carne molida	9 Ground Beef with Mac and Cheese Carne Molida con Macarrones y Queso	10 TBD	11
12	13	14 Chicken Nuggets with Rice and Veggies Nuggets De Pollo Con Arroz Y Verduras	15 Beef Stew with Noodles Guisado de Res con Fideo	16 Ground Chicken with Pasta Broccoli, Garlic, and Oil Pollo molido con pasta de brócoli, ajo y aceite	17 Fish Sticks with Rice and Veggies Palitos De Pescado Con Arroz Y Verduras	18
19	20	21 Pasta with Sausage and Peppers Pasta con Chorizo y Pimientos	22 Chili with Rice Guisado con Arroz	23 Ground Beef with Mac and Cheese Carne Molida con Fideo y Queso	24 Pasta Dish	25
26	27	28 Spiral ham w/ Mashed potatoes & Mixed vegetables Espiral de jamón con/ Puré de patatas & Verduras mixtas	29 TBD	30 Ground Beef Tacos Tacos de Carne Molida	31 Fish Sticks with Rice and Veggies Palitos De Pescado Con Arroz Y Verduras	

